



# SPECIAL PERSONS CAMP CAMPER PARENT CAREGIVER INFORMATION

## CAMP WANAKE CAMP FOR LIFE!

PLEASE READ THIS GUIDE FOR CAMP PREPARATION CARE



### Health Care at Camp

- Please complete the white, four-page health form and **send it to Camp Wanake at least three (3) weeks prior to the start of your session.** Campers may only attend camp with a completed health form signed by a parent/guardian or self, as appropriate.
- Page four of the health form is a medication record. After filling this out, recheck it for accuracy. Write only in non-shaded areas.
- We suggest making a copy of the medication chart before sending it to camp. Then just before your camper departs for Wanake compare the medication name, prescription dosage, and times given against the bottles in which you are sending medication. Send a note explaining any discrepancies.
- Health care is provided through the health director and all staff have training in their health care responsibilities.
- The health director will collect medication (prescription and non-prescription) and verify information at check-in. All medications are kept locked in the Health Center. The Health Director monitors campers to make sure medications are taken as prescribed and that health care needs are met.

- **ALL** medication, whether prescription or over-the-counter, must be delivered to the Health Director in the **original containers** labeled with the camper's name.
- **ALL** medications, including over-the-counter drugs/vitamins are kept and administered by Wanake's staff.

- A parent/guardian/caregiver will be contacted when the Health Director determines that a camper requires treatment outside the camp's Health Center. The camp will attempt to contact a parent/guardian/caregiver prior to transporting campers but will not delay urgent care if a parent/guardian/caregiver cannot be reached. A parent/guardian/caregiver will also receive notification if their camper receives any injuries or contracts any illnesses which may require further treatment and follow-up care after camp.
- Please indicate on page three (3) of the health form who camp staff should contact in the event of a health question or decision making with regard to continuation in the program after an injury or incident.

### Food Service and Special Dietary Needs

- Family style meals are served by a licensed food service.
- Meals are healthy, well-balanced and generous.
- Be sure to complete the dietary questions on the health form required to arrive on site **3 weeks prior to the start of the session.**
- **If your camper has an extremely strict or unusual diet, notify the camp now. This will give the Wanake staff time to prepare.**

### Trading Post (Camp Store) and Money

- The Wanake Trading Post sells a variety of items: t-shirts, sweat-shirts, postcards, water bottles, stamps, and other souvenir items. The Trading Post is open during check-out and once during the week for your camper's group to shop.
- Campers may bring money to spend at the camp store, which is "deposited" in the camp "bank" at check in. This eliminates money becoming lost. Money not spent is returned on closing day and may become a mission offering.

### Check-In Days and Times

- **Check-in time for weeklong programs** is at **10:00 AM on Monday.**
- **Check-in time for Retirement** is at **2:45 PM on Sunday.**
- **Check-in time for Teen Explorer** is at **10:00 AM on Wednesday.**
- At check-in you will sign your camper in, go through health screening, register medications with the camp health director, and meet your group, including your counselors. You may also bank your camp store money.
- Realize that **check-in will take some time** to complete (at least 20-30 minutes). More time, if you are bringing a group of campers. Please plan your day accordingly.

### Parent Program and Check-Out

- A closing program takes place on closing day of each session. Please check in at the office for program location.
- **Weeklong event** closing programs are held at **2:00 PM on Fridays.**
- **Retirement's** closing program is at **3:30 PM on Tuesday.**
- **Teen Explorer** closing program is at **4:30 PM on Friday.**
- The program will conclude by 2:30, 4:00, or 5:30 PM, respectively. **Parent/Guardian or a designated person must sign campers out on check-out day. Campers will not be released to individuals other than the person designated on the check-in form without prior written notice.**
- The camp store will be open following the program.

**If you will need to arrive earlier or later for check-in or check-out, please make special arrangements with the Wanake office.**

### Special for Teen Explorers on Closing Day

- **Wagon tours of camp** are available following the program.
- **An optional meal** follows the program served from 5:15 until 6:30 PM. Reservations are required and may be made and paid for at check-in. The charge is \$5 for adults & \$3 for children, ages 4 -18. **Campers eat free!**

### Get Acquainted Form

- Please take a few minutes to read and fill out the enclosed form about your camper. If you are more comfortable sharing information by phone or in person, please contact Julie Lault at Wanake.

### Camper Mission Project 2008

- Last year campers raised \$426 for Royal Family Kids Camp scholarships and collected many RFKC Birthday Box items.
- Our '08 mission project is Nothing But Nets—providing bed nets to families in Africa to prevent Malaria. Each net is \$10. Bed nets work in two ways: They stop mosquitoes from biting at night & insecticide on the net kills landing mosquitoes.
- Every year malaria (which is preventable) infects nearly 500 million people and more than a million children die from it. Children who survive often experience complications. Buy a net; save a life! Learn more at [www.nothingbutnets.net](http://www.nothingbutnets.net).

## Time to Pack the Bags!

Everything (including socks & underwear) should be labeled!

### Camper Equipment list for five night stay

Socks (9 pair)	Waterproof boots
Underwear (daily change)	Shoes/Boots (2 Pair)
Long pants (2-3 pair)	Sneakers
Shorts (2-3 pair)	Swimsuits (one piece)*
Shirts (daily change +1 or 2)	Pajamas
Sweater/Sweatshirt (1 or 2)	Hat/Sun visor
Warm jacket	Rain gear

**Remember camp is a place for exploring and playing hard. Campers should be able to get wet and dirty without undue concern for clothing. Old clothes are the best option.**

Laundry bag	Bible*
Sleeping bag (or 3 blankets)	Sheet
Extra blanket (for cool nights)	Medications*
Water bottle	Flashlight/Fresh batteries
Pillow & pillowcase	Pencils/Pen/Notebook
Towels (2)/Washcloth	Sunscreen
Soap & soapbox	Insect repellent*
Toothbrush/Toothpaste	Day pack/Book bag
Shampoo	Brush/Comb
Stationery/Stamps	Book for rest time
Your health form should already be at Wanake.	

#### Optional

Money for Camp Store	Mission Project Offering
Camera/film	Items for Craft Shop
Sunglasses	Act for Talent Show

**Wanake and the Wanake staff are not responsible for the loss or destruction of campers' personal property. Please do not send valuable items with campers to camp.**

#### Leave at Home

Radio/CD/Tape player/Ipod	Cell phone/Valuables
Expensive clothing/Bikini	Hair dryers/Curling irons
Video games/Electronic devices	Aerosol cans
Tobacco/Alcohol products	Weapons/Fireworks
Other items which detract from your full participation in camp	Food

**Dress Code:** We ask that all clothing be modest and free of motifs, sayings, or advertisements that conflict with a spirit of Christian community. (offensive language, drug promotion, sexual innuendo, etc.) Swim trunks are required for males and one piece swimsuits (tankinis are fine) for females. All clothing should cover one's underclothing completely and be of a proper fit for active wear. Your cooperation will aid in a successful week.

#### Bibles—

- Wanake will provide a Bible for any camper who does not have one. Contact the Wanake office and we will have one ready for your camper at check-in.

#### A Note About Insect Repellent and Mosquitoes

All insect repellent is not created equal! Purchase insect repellent that has deet content and does not smell "fruity or flowery." We find that good smelling repellent attracts rather than repels! Bounce dryer sheets work well keeping mosquitoes at bay! Try drying clothing coming to camp in Bounce and placing dryer sheets in your camper's luggage. Repellents do not have like effects on each person, so Wanake has alternative options available for campers at no charge. Know that Wanake takes many steps, including work with a naturalist and community, county and state agencies, to alleviate mosquitoes from the area, but the best protection for your camper is to use repellent.

#### Wanake Offers Food Service and Space All Year

- Consider Wanake for your next event: [www.CampWanake.org](http://www.CampWanake.org).

## Who Will Care for My Camper?

- Staff members, paid and volunteer, are carefully selected, benefit from training, and are led by a year-round staff with 50+ years of camp & retreat ministry experience. The staff is comprised of college students, adults of all ages, and jr. staff assistants ages 15-17 with close supervision.

## My Camper is at Camp: What should I do?

- Please **don't phone** your camper as contact with home tends to heighten adjustment problems. If there is an **emergency**, your message will be conveyed through the Director or Assistant Director. Likewise, staff will contact a parent/guardian if there is an emergency or particular concern about the camper.
- **Write letters.** Remember, it can take a few days for a letter to get to the site, so write letters early — even before your camper leaves home. **Wanake is happy to take letters on check-in day to be delivered later in the week!**
- **Mailing address:** CAMPER NAME — NAME OF PROGRAM  
CAMP WANAKE, 9463 MANCHESTER RD SW, BEACH CITY, OH 44608
- **E-mail campers.** An arrangement with Bunk 1 provides you **one-way** e-mail service to your camper, 6 e-mails for \$5. To sign up or send e-mail, visit our web site.
- **We do NOT encourage sending packages**, especially food, candy, or snacks as they attract rodents & insects.
- **Visits.** Parents, family and friends are welcome to visit the site on the **first** and **last** days of camp.
- **Homesickness** — is a real part of the adjustment some campers make in being away from home and/or family. **We are sensitive to homesick campers and "camper sick" parents/caregivers, and work hard to support families through the adjustment.** As camping and development professionals, we want your camper to develop independence in a healthy and safe way. Working together we can make your camper's experience a successful one.
- Encourage your camper by sharing with them how much fun their week of camp will be. Tell them how proud you are of them for taking this step. Share with them that their counselor and the camp director are here to help them have fun, make new friends, and grow in their faith. Encourage them to discuss their feelings with the camp staff, if they are feeling scared, homesick, or bad in any way. Tell them, you are looking forward to seeing them at the parent program on closing day.
- Studies have shown that campers who practice being away from home before attending camp experience fewer or less dramatic symptoms.
- Let your camper know that we are unable to allow campers to call home. Please don't tell a camper "if you want to come home, call me and I'll come and get you." This negative empowerment teaches individuals to run from problems. Wanake calls a parent/guardian/caregiver when homesickness (or any factor) becomes a concern.

## Visit Wanake and See Camper Living Spaces

- Come to Open House on Sunday, April 20, 2008 from 2-6 PM.
- Visit any time. Just contact the Wanake office.

### CONTACT US

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On the web at [www.CampWanake.org](http://www.CampWanake.org)