5K RUN/IMI WALK SAT JUNE 19, 2021

> Wherever you are, run a 5K or Walk 1 mile!

EAST OHIO CONFERENCE UMC

- Snap a photo and share on social media to let others know what you're doing! Use #EOCMissions5K
- > Run or walk for health and for a mission. Get sponsors for your miles or send a financial donation to one of the East Ohio Advance Funds <u>https://www.eocumc.com/finance/</u> <u>advance-special.html</u>
- If you can't participate on Saturday June 19th, explore ideas for organizing a virtual or in person 5K/1mi event in your community sometime this year. Make it a fundraiser for a mission or ministry near you. Ideas are available on the EOCUMC Mission Training and Events webpage <u>https://www.eocumc.com/missions/training.html</u>

QUESTIONS?

CONTACT KATHY DICKRIEDE, DIRECTOR OF MISSIONS AND COMMUNITY ENGAGEMENT <u>KDICKRIEDE@GMAIL.COM</u> | 330.842.1048 | <u>HTTPS://WWW.EOCUMC.COM/MISSIONS/UMVIM.HTML</u>