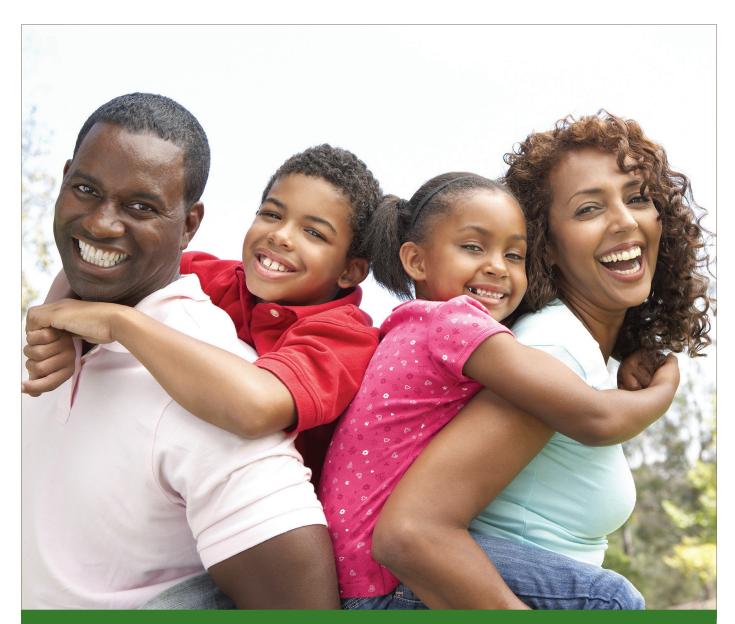




a general agency of The United Methodist Church



Comprehensive Medical and Wellness Coverage for Clergy, Lay Employees and Family Members—East Ohio

Your health benefits are moving to HealthFlex—effective January 1. HealthFlex provides comprehensive benefits, award-winning wellness programs, dedicated customer service and professional management. HealthFlex is designed to help participants improve their health and make permanent lifestyle changes.

Comprehensive Medical and Wellness Coverage for Clergy, Lay Employees and Family Members—East Ohio

Comprehensive Benefits

Medical, Pharmacy, Dental, and Vision Coverage

- Broad nationwide networks through Blue Cross Blue Shield
- Extensive medical coverage through various plan designs including:
 - 1. High-deductible health plan (HDHP)
 - 2. Consumer-driven health plan (CDHP)
- Pharmacy benefits through OptumRx—offering a wide network of pharmacies
- Vision coverage through VSP, plus discounts and optional coverage for glasses and contacts
- Optional dental coverage through Cigna

Behavioral Health Coverage

- Nationwide network through United Behavioral Health, with broad access to masters- and PhD-level providers
- Integrated Employee Assistance Program (EAP) included for all members and families (eight face-to-face visits per issue per year at no out-of-pocket cost)

Health Accounts Available

Tax-advantaged accounts to pay/reimburse for qualified medical, vision and dental expenses:

- Flexible Spending Account (FSAs) for medical and dependent care
- Health Savings Account (HSA)—only available with HDHP plan
- Health Reimbursement Account (HRA)—only available with CDHP plan

Award-Winning Well-Being Programs and Incentives (No Extra Cost)

- Virgin Pulse activity program with PulseCash incentives for participants and spouses
- WebMD telephone-based health coaching to identify and help you achieve personal goals
- · Blueprint for Wellness biometric screening
- HealthQuotient (HQ) online assessment for participants and spouses
- Work-Life Services, including guidance for finding local elder care and child care services
- Evive Health reminders for preventive screenings and management of chronic conditions
- Additional PulseCash incentives for achieving healthy outcomes on the Blueprint for Wellness screening or participation in various well-being activities
- · Subsidy for registration fees in WeightWatchers
- Telemedicine benefit through MDLIVE—offering 24/7/365 access to a physician by phone or video chat

Extra Support for You

- Dedicated Health Team at Wespath Benefits and Investments (Wespath) for customer service support and advocacy for claims-related questions in addition to customer service through each vendor partner
- WebMD web portal, which serves as online hub for seamless access to all well-being programs and plan information; access your medical plan carrier, OptumRx, health accounts and more



HealthFlex for a Healthy You, Healthy UMC

Watch for more information from your annual conference, and plan to attend a workshop this fall!