



# Wespath

BENEFITS | INVESTMENTS

a general agency of The United Methodist Church

Center for Health



## Comprehensive Medical and Wellness Coverage for Clergy, Lay Employees and Family Members—East Ohio

Your health benefits are moving to HealthFlex—effective January 1. HealthFlex provides comprehensive benefits, award-winning wellness programs, dedicated customer service and professional management. HealthFlex is designed to help participants improve their health and make permanent lifestyle changes.

# Comprehensive Medical and Wellness Coverage for Clergy, Lay Employees and Family Members—East Ohio

## Comprehensive Benefits

### Medical, Pharmacy, Dental, and Vision Coverage

- Broad nationwide networks through Blue Cross Blue Shield
- Extensive medical coverage through various plan designs including:
  1. High-deductible health plan (HDHP)
  2. Consumer-driven health plan (CDHP)
- Pharmacy benefits through OptumRx—offering a wide network of pharmacies
- Vision coverage through VSP, plus discounts and optional coverage for glasses and contacts
- Optional dental coverage through Cigna

### Behavioral Health Coverage

- Nationwide network through United Behavioral Health, with broad access to masters- and PhD-level providers
- Integrated Employee Assistance Program (EAP) included for all members and families (eight face-to-face visits per issue per year at no out-of-pocket cost)

## Health Accounts Available

Tax-advantaged accounts to pay/reimburse for qualified medical, vision and dental expenses:

- Flexible Spending Account (FSAs) for medical and dependent care
- Health Savings Account (HSA)—only available with HDHP plan
- Health Reimbursement Account (HRA)—only available with CDHP plan

## Award-Winning Well-Being Programs and Incentives (No Extra Cost)

- Virgin Pulse activity program with PulseCash incentives for participants and spouses
- WebMD telephone-based health coaching to identify and help you achieve personal goals
- Blueprint for Wellness biometric screening
- HealthQuotient (HQ) online assessment for participants and spouses
- Work-Life Services, including guidance for finding local elder care and child care services
- Evive Health reminders for preventive screenings and management of chronic conditions
- Additional PulseCash incentives for achieving healthy outcomes on the Blueprint for Wellness screening or participation in various well-being activities
- Subsidy for registration fees in WeightWatchers
- Telemedicine benefit through MDLIVE—offering 24/7/365 access to a physician by phone or video chat

## Extra Support for You

- Dedicated Health Team at Wespeth Benefits and Investments (Wespeth) for customer service support and advocacy for claims-related questions—in addition to customer service through each vendor partner
- WebMD web portal, which serves as online hub for seamless access to all well-being programs and plan information; access your medical plan carrier, OptumRx, health accounts and more



## HealthFlex— for a Healthy You, Healthy UMC

Watch for more information  
from your annual conference,  
and plan to attend a workshop  
this fall!